

**2008 RECORD BREAKERS CHAMPIONSHIPS FOR BENCH PRESS & DEAD LIFT**

**Date: 7th December - Venue: FOUR SEASONS, LLANSAMLET, SWANSEA**

Gender	Weight	Age						SQ	SQ	SQ	SQ	BP	BP	BP	BP	Sub.	DL	DL	DL	DL	Total			
M/W	Class	Class	Age	BW	Comp	Name	Town City	1	2	3	4th	1	2	3	4th	Tot.	1	2	3	4th	Result	Comments		
						<b>BENCH PRESS</b>																		
						<b>1st FLIGHT</b>																		
M	75	Jun	21	72.4	BP	Rees Gruffydd	Carmarthen					120	130	-								130	2nd	
M	75	Jun	21	73.4	BP	Brain Arwyn	Carmarthen					130	135br	-									135	1st
M	82.5	M45+	48	80.9	BP	Bines Dale	Crawley					90	110	-									110	1st
W	90	T15-19	18	95.4	BP	Buechel Kaiya	Chippenham	25br	-	-	-	45br	55br	0		80	100br	120br					200br	1st
M	90	O	26	87.2	BP	Morris Stephen	Swansea					120	135	150									150	2nd
M	100	O	35	98.4	BP	Morgan Paul	Macclesfield					150	160	-									160	1st
M	100	M65+	65	91.1	BP	Clements David	Kidderminster	25	-	-		-	-	125		150	170	182.5br					332.5	1st
M	110	O	39	101.7	BP	Preston Robert	Kidderminster					225	235	241br	245br								245	1st
M	110	M50+	50	104	BP	Payne Colin	Swansea					160	170	-									170	1st
M	125	M50+	53	115.9	BP	Whale Harry	Kidderminster	25				160	170	175br	180br	205	65	-					265	1st
						<b>DEAD LIFT</b>																		
						<b>1st Flight</b>																		
M	82.5	O	38	78.2	DL	Bracegirdle Antony	Macclesfield										200	230	-				230	1st
M	82.5	M45+	48	80.9	DL	Bines Dale	Crawley										150	170	180				180	1st
M	100	O	31	99.1	DL	Foster David	Kidderminster										235	250	-				250	1st
M	110	O	34	106.3	DL	Knight Stephen	Kidderminster										270	285	-				285	1st
M	140	O	31	136.2	DL	Jenkins Mark	Kidderminster										270	280	-				280	1st

**br:** denotes British Record  
**Referees:** Dean  
 Robert  
 Adam  
 David  
 MC

**Best Bench Presser:** Robert  
**Best Dead Lifter:** Stephen  
 Drury  
 Campbell  
 Willis  
 Carter

Robert Preston 219 points  
 Stephen Knight 255 points