

BRITISH POWERLIFTING ORGANISATION

2009 UK OPEN CHAMPIONSHIPS FOR POWERLIFTING, BENCH PRESS & DEAD LIFT

UNIVERSITY OF BATH, BATH, SOMERSET 5TH SEPTEMBER

M/N	NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.	4. SQ	4. BP	4. DL	Coef.		
								1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.									
m					1st FLIGHT																						
m			-67.5	63.90	Liam Rees	Swansea	T15/19	-100.0	105.0	110.0	110.0	70.0	-72.5	-72.5	180.0	125.0	130.0	140.0	320.0	258.14	1.						0.8067
m			-82.5	78.80	Arwyn Brain	Carmathen	Jun	-220.0	-225.0	-232.5												B					0.6893
m			-75	74.60	Dayle Longford	Rhyl	Jun	160.0	180.0	185.0	185.0	100.0	-115.0	115.0	300.0	190.0	210.0	217.5	517.5	370.12	1.			-230.0		0.7152	
n			-75	73.00	Sue Davies	St Ives	WM40+	130.0	145.0	-155.0	145.0	105.0	110.0	-117.5	255.0	150.0	160.0	170.0	425.0	411.06	1.						0.9672
m			-82.5	81.50	Sam Sandhu	Aldersohot	M65+	100.0	115.0	125.0	125.0	75.0	82.5	90.0	215.0	100.0	120.0	132.5	347.5	234.53	1.			140.0		0.6749	
m			-82.5	81.00	Tsasadze Giorgi (Guest)	Georgia	Open	170.0	190.0		190.0	-130.0	130.0	140.0	330.0	170.0	190.0	-200.0	520.0	352.25	G						0.6774
m			-90	89.60	Jack John	Haverfordwest	T15/19	200.0	220.0	-230.0	220.0	130.0	140.0	145.0	365.0	220.0	240.0	250.0	615.0	393.48	1.						0.6398
m			-90	89.40	Russell Martin	WestonSuperMare	Open	140.0	-150.0	-150.0	140.0	115.0	122.5	-122.5	262.5	195.0	210.0	-220.0	472.5	302.68	1.						0.6406
m			-67.5	67.10	Stephen Davies	St Leonards	Open					95.0	100.0	105.0	105.0	140.0	-150.0		245.0	189.80	1.						0.7747
m			-75	72.40	Robert Truscott	Derby	Open					-165.0	-165.0	-160.0								B					0.7307
m			-90	86.00	Lee Hough	Southampton	M40+					130.0	-135.0	-135.0	130.0				130.0	85.02	1.						0.6540
m			-90	98.60	Harry Whale	Kidderminster	M50+					-170.0	170.0	182.5	182.5				182.5	111.71	1.						0.6121
m			-82.5	81.00	Tsasadze Giorgi (Guest)	Georgia	Open									170.0	190.0	-200.0	190.0	128.71	G						0.6774
BRITISH RECORD																											

HEAD REFEREE
NAME: Dean Drury INT

LEFT-REFEREE
NAME: Robert Campbell INT

RIGHT-REFEREE
NAME: Allison Seabright INT