

BRITISH POWERLIFTING ORGANISATION

2009 UK OPEN CHAMPIONSHIPS FOR POWERLIFTING, BENCH PRESS & DEAD LIFT

UNIVERSITY OF BATH, BATH, SOMERSET 5TH SEPTEMBER

M/N	NR	ST.	CAT.	BDW.	NAME	NATION	CAT.	SQUAT			MAX.	BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilks	PL.	4. SQ	4. BP	4. DL	Coef.	
								1.	2.	3.		1.	2.	3.		1.	2.	3.								
m					2nd Flight																					
m			-100	94.20	Ben Tickle	Flint	T15/19	160.0	170.0	180.0	180.0	115.0	120.0		300.0	160.0	170.0	180.0	480.0	299.71	2.				0.6244	
m			-100	92.30	Andrew Peters	Bristol	T15/19	150.0	170.0	180.0	180.0	90.0	105.0	-107.5	285.0	185.0	205.0	-215.0	490.0	308.95	1.					0.6305
m			-100	99.90	Rhys Smith	Cwmbran	Jun	260.0	-280.0	280.0	280.0	180.0	-200.0	-200.0	460.0		250.0	280.0	740.0	450.51	1.					0.6088
m			-100	95.10	Andrew Brown	Neath	Open	260.0	280.0	300.0	300.0	-175.0	180.0	190.0	490.0	250.0	265.0	-275.0	755.0	469.38	1.					0.6217
m			-100	97.50	Justin Read	WestonSuperMare	Open	235.0	-260.0	-260.0	235.0	150.0	160.0	165.0	400.0	230.0	252.5	260.0	660.0	405.90	2.					0.6150
m			-100	99.80	William Tinkler	Clydach	Open	220.0	230.0	-245.0	230.0	130.0	-140.0	140.0	370.0	210.0	220.0	-230.0	590.0	359.37	3.					0.6091
m			-100	93.30	John Boyer	Southampton	M45+	210.0	225.0	235.0	235.0	145.0	152.5	-160.0	387.5	205.0	215.0	222.5	610.0	382.59	1.					0.6272
m			-100	96.70	Ken Williams	Swansea	M60+	210.0	-225.0	225.0	225.0	-150.0	-150.0	-150.0							B					0.6172
m			-110	109.50	Ryan Law	Southampton	T15/19	125.0	140.0	-150.0	140.0	60.0	65.0	-70.0	205.0	150.0	160.0	-170.0	365.0	215.09	1.					0.5893
m			-110	107.40	Mark Eager	St Ives	Open	-265.0	265.0		265.0	140.0	-155.0	-175.0	405.0	300.0	310.0	-315.0	715.0	424.00	1.					0.5930
m			-125	112.80	Oliver Williamson	Nottingham	Open	265.0	-287.5	300.0	300.0	-205.0	212.5	220.0	520.0	280.0	-290.0	-290.0	800.0	467.28	1.					0.5841
m			-125	121.60	Scott Ashley	Chestfield	Open	130.0	-135.0	-150.0	130.0	-120.0	130.0	-150.0	260.0	210.0	225.0	-245.0	485.0	278.00	2.					0.5732
m			-140	136.30	Dave Gladwell	St Ives	Open	-300.0	310.0	-320.0	310.0	190.0	200.0	205.0	515.0	260.0	270.0	-285.0	785.0	440.46	1.					0.5611
m			-100	94.20	Ben Tickle	Flint	T15/19					115.0	120.0		120.0				120.0	74.93	1.					0.6244
m			-125	115.10	Kakhaber Kapiani (Guest)	Georgia	Open					200.0	230.0	250.0	250.0				250.0	145.23	G					0.5809
m			-90	89.00	Dave Tickle	Flint	M55+								190.0	200.0	210.0	210.0	134.84	1.					0.6421	
m			-110	102.20	Neil Harries	Bridgend	Open								220.0	235.0	250.0	250.0	150.88	1.					0.6035	
m			-140	127.40	Ben Jenkins	St Ives	T15/19								220.0	-230.0		220.0	124.89	1.					0.5677	

BRITISH RECORD

HEAD REFEREE
NAME: Dean Drury INT

LEFT-REFEREE
NAME: Robert C. Campbell INT

RIGHT-REFEREE
NAME: Allison Seabright INT