

# British Powerlifting Organisation

## 2009 British Championships

### University of Bath, Bath 18th & 19th April Day One 1st Flight PowerLifting & Dead Lift

NR	ST.	CAT.	BDW.	NAME	Town/City	CAT.	SQUAT				BENCHPRESS				DEADLIFT			TOT.	Wilks	PL.
							1.	2.	3.	MAX.	1.	2.	3.	SUB.	1.	2.	3.			
<b>POWERLIFTING</b>																				
		-60	60.00	Allison Seabright	Southampton	M40+	120.0	132.5	140.0	140.0	80.0	82.0	85.0	225.0	125.0	135.0	145.0	370.0	412.51	1.
		-56	50.30	Jamie Hough	Southampton	T15/19	85.0	95.0	102.5	102.5	42.0	47.5	50.0	152.5	100.0	110.0	120.0	272.5	277.02	1.
		-75	70.70	Jodi Law	Southampton	Open	-120.0	-120.0	120.0	120.0	55.0	-60.0	60.0	180.0	125.0	-135.0	135.0	315.0	311.25	1.
		-67.5	63.30	Adam Willis	Southampton	M40+	175.0	185.0	-200.0	185.0	105.0	-110.0	110.0	295.0	180.0	192.0	er	487.0	396.08	1.
		-67.5	66.00	Barry Evans	Stoke	M70+	100.0	-120.0	130.0	130.0	-45.0	50.0	-55.0	180.0	130.0	140.0	147.5	327.5	257.15	1.
		-75	71.00	Sue Davies	St Ives	M40+	-140.0	-140.0	-145.0								wr	wr		
		-75	74.00	Arwyn Brain	Carmarthen	Jun	195.0	205.0	215.0	215.0	135.0	142.5	147.5	362.5	200.0	210.0	-215.0	572.5	411.80	1.
		-75	74.00	Andras Csiszar	Folkstone	Open	260.0	-282.5	-285.0	260.0	165.0	-175.0	175.0	435.0	262.0	275.0	280.0	715.0	514.30	1.
		-82.5	82.10	Dale Bines	Crawley	M45+	120.0	140.0	160.0	160.0	110.0	-120.0	120.0	280.0	140.0	165.0	185.0	465.0	312.43	1.
		-82.5	80.10	Paul Fishlock	Southampton	Open	200.0	210.0	-220.0	210.0	115.0	125.0	-130.0	335.0	200.0	210.0	220.0	555.0	378.62	1.
		-82.5	80.00	Nick Hinde	Bristol	Open	-180.0	-180.0	-180.0											
		90	94.80	Kaiya Buechell	Chippenham	T15/19	70.0	80.0	87.5	87.5	-50.0	60.0	65.0	152.5	110.0	125.0	135.0	287.5	243.51	1.
<b>DEAD LIFT</b>																				
		-67.5	66.50	Stephen Davies	St Leonards	Open									130.0	140.0	145.0	145.0	113.16	1.
		-82.5	81.50	Michael Phillips	Dundee	M50+									165.0	175.0	-180.0	175.0	118.11	1.

br = British Record - er = European Record = wr =World Record

HEADREFEREE

NAME: Dean Drury INT

LEFT-REFEREE

NAME: Phil Lindsey INT

RIGHT-REFEREE

NAME: Robet Campbell INT