

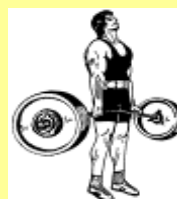
# *British Powerlifting Organisation*

**BPO**

**British Powerlifting**

**Mens Records**

**Last Updated: 14 September 2008**



# **Order Of Records**

**Teenage 15-19**

**Junior 20-23**

**Open**

**Master 40-44**

**Master 45-49**

**Master 50-54**

**Master 55-59**

**Master 60-64**

**Master 65-69**

**Master 70-74**

**Master 75-79**

**Master 80+**

**BPO British Powerlifting Records - Men's****Teenage 15-19**

<b>Class</b>	<b>Discipline</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat	145	Jones, Adam		24.11.06
	Benchpress	90	Jones, Adam		24.11.06
	Deadlift	157.5	Jones, Adam		24.11.06
	Total	392.5	Jones, Adam		24.11.06
<b>67.5kg</b>	Squat	195	Gumm P		
	Benchpress	140	Gumm P		
	Deadlift	210	Gumm P		
	Total	565	Marsden I		
<b>75kg</b>	Squat	185	Aredern C		
	Benchpress	120	Aredern C		
	Deadlift	216	Nicholas, Kyle		01.12.07
	Total	505	Aredern C		
<b>82.5kg</b>	Squat	245	Jones C		
	Benchpress	175	Jones C		
	Deadlift	270	Jones C		
	Total	670	Jones C		
<b>90kg</b>	Squat	280	Chester P		
	Benchpress	175	Chester P		
	Deadlift	280	Chester P		
	Total	735	Chester P		
<b>100kg</b>	Squat	275	Hill, Josh		24.11.06
	Benchpress	200	Hill, Josh		24.11.06
	Deadlift	285	Hill, Josh		24.11.06
	Total	760	Hill, Josh		24.11.06
<b>110kg</b>	Squat	230	APGwyn O		14.11.03
	Benchpress	150	APGwyn O		14.11.03
	Deadlift	280	APGwyn O		14.11.03
	Total	660	APGwyn O		14.11.03
<b>125kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>140kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

<b>BPO British Powerlifting Records - Men's</b>					
<b>Junior 20-23</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat	85	Buckle G		
	Benchpress	40	Buckle G		
	Deadlift	100	Buckle G		
	Total	205	Buckle G		
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	205	Gumm P		
	Benchpress	115	Gayle G		
	Deadlift	245	Gayle G		
	Total	540	Gayle G		
<b>75kg</b>	Squat	192.5	Brain Arwyn		19.04.08
	Benchpress	137.5	Brain Arwyn		19.04.08
	Deadlift	215	Seip D		
	Total	530	Brain Arwyn		19.04.08
<b>82.5kg</b>	Squat	260	Beeston Andrew		14.09.08
	Benchpress	185	Beeston Andrew		14.09.08
	Deadlift	260.5	Jenkins Matt		01.12.07
	Total	680	Wiak L		17.04.05
<b>90kg</b>	Squat	295	Crossland R		
	Benchpress	191	Warren D		
	Deadlift	290	Jenkins C		
	Total	747.5	Warren D		
<b>100kg</b>	Squat	305	Murphy Ciaran		14.09.08
	Benchpress	200	Twycross-Lewis R		
	Deadlift	325	Raynes A		
	Total	767.5	Warren D		
<b>110kg</b>	Squat	341	Raynes A		
	Benchpress	225	Raynes A		
	Deadlift	343	Raynes A		
	Total	897.5	Raynes A		
<b>125kg</b>	Squat	380	Bolton A		
	Benchpress	260	Buck W		
	Deadlift	389	Bolton A		
	Total	965	Bolton A		
<b>140kg</b>	Squat	252.5	Kerr Gavin		14.09.08
	Benchpress	215	Kerr Gavin		14.09.08
	Deadlift	377.5	Bolton A		
	Total	967.5	Bolton A		
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

<b>BPO British Powerlifting Records - Men's</b>					
<b>Open</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat	172.5	Mitchell J		
	Benchpress	95.5	Grey S		
	Deadlift	212.5	Mitchell J		
	Total	455	Mitchell J		
<b>60kg</b>	Squat	182.5	Mitchell J		
	Benchpress	130	Chilcott K		
	Deadlift	210	Mitchell J		
	Total	470.5	Mitchell J		
<b>67.5kg</b>	Squat	272.5	Mannering D		
	Benchpress	195	Mannering D		
	Deadlift	280	Mannering D		
	Total	725	Mannering D		
<b>75kg</b>	Squat	282.5	Callan J		
	Benchpress	208	Mannering D		
	Deadlift	290	Callan J		
	Total	752.5	Callan J		
<b>82.5kg</b>	Squat	360	Hurley, Justin		24.11.06
	Benchpress	220	Bartlett P		
	Deadlift	290.5	Murphy P		17.04.05
	Total	820	Hurley, Justin		24.11.06
<b>90kg</b>	Squat	330	Hoskins F		
	Benchpress	200	Hoskins F		
	Deadlift	325.5	Donovan M		
	Total	847.5	Hoskins F		
<b>100kg</b>	Squat	410	Hammerton K		
	Benchpress	255	Coombes, Graig		22.06.06
	Deadlift	346	Hammerton K		
	Total	972.5	Hammerton K		
<b>110kg</b>	Squat	420	Coombes, Craig		24.11.06
	Benchpress	270	Coombes, Craig		24.11.06
	Deadlift	363	McQueen Delroy		01.12.07
	Total	1000	Coombes, Craig		24.11.06
<b>125kg</b>	Squat	420	Neighbour J		
	Benchpress	260	Buck W		
	Deadlift	389	Bolton A		
	Total	1020	Neighbour J		
<b>140kg</b>	Squat	415	Stoten B		
	Benchpress	275.5	Bell B		
	Deadlift	392.5	Bolton A		
	Total	967.5	Bolton A		
<b>140kg+</b>	Squat	415	Tregloan P		
	Benchpress	267.5	Tregloan P		
	Deadlift	402.5	Tregloan P		
	Total	1067.5	Tregloan P		

<b>BPO British Powerlifting Records - Men's</b>					
<b>Master 40-44</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat	155	Mellor G		
	Benchpress	82.5	Mellor G		
	Deadlift	175	Mellor G		
	Total	421.5	Mellor G		
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift	190	Dowers Graham		11.12.05
	Total				
<b>67.5kg</b>	Squat	190	Willis, Adam		19.04.08
	Benchpress	120	Willis, Adam		22.06.07
	Deadlift	200	Willis, Adam		01.12.07
	Total	510	Willis, Adam		19.04.08
<b>75kg</b>	Squat	282.5	Callan J		
	Benchpress	180	Callan J		
	Deadlift	277.5	Callan J		
	Total	740	Callan J		
<b>82.5kg</b>	Squat	290	Duffy M		
	Benchpress	190	Duffy M		
	Deadlift	290	Duffy M		
	Total	770	Duffy M		
<b>90kg</b>	Squat	316	Drury, Dean		26.06.08
	Benchpress	200	Beniston Phil		19.04.08
	Deadlift	292.5	Phillips K		
	Total	765	Drury, Dean		26.06.05
<b>100kg</b>	Squat	380	West W		
	Benchpress	215	Bell P		
	Deadlift	345	White A		
	Total	945	West W		
<b>110kg</b>	Squat	342.5	Allison R		
	Benchpress	230	Walker I		
	Deadlift	362.5	White A		
	Total	900	Allison R		
<b>125kg</b>	Squat	420	Neighbour J		
	Benchpress	255	Neighbour J		
	Deadlift	388	Carter D		
	Total	1020	Neighbour J		
<b>140kg</b>	Squat	300	Evans C		22.04.06
	Benchpress	190	Evans C		22.04.06
	Deadlift	265	Evans C		13.11.05
	Total	740	Evans C		22.04.06
<b>140kg+</b>	Squat	412.5	Tregloan P		
	Benchpress	250	Tregloan P		
	Deadlift	368	Tregloan P		
	Total	1027	Tregloan P		

<b>BPO British Powerlifting Records - Men's</b>					
<b>Master 45-49</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	215.5	Berg D		
	Benchpress	120	Isles S		
	Deadlift	220	Berg D		
	Total	550	Berg D		
<b>75kg</b>	Squat	240	Berg D		
	Benchpress	145	Green, Maurice		22.04.06
	Deadlift	250.5	Kent T		
	Total	601	Green, Maurice		24.11.06
<b>82.5kg</b>	Squat	250	Jordan B		
	Benchpress	140.5	Webb, David		09.11.06
	Deadlift	266	Kent T		
	Total	647.5	Jordan B		
<b>90kg</b>	Squat	270	Birring J		
	Benchpress	190	Birring J		
	Deadlift	270	Gilchrest J		
	Total	722.5	Birring J		
<b>100kg</b>	Squat	385	West W		
	Benchpress	200	West W		
	Deadlift	335	West W		
	Total	927.5	West W		
<b>110kg</b>	Squat	380	West W		
	Benchpress	200	West, Richard		24.11.06
	Deadlift	330	West W		
	Total	907.5	West W		
<b>125kg</b>	Squat	350	Carter D		
	Benchpress	200	Bates G		
	Deadlift	365	Carter D		
	Total	862.5	Carter D		
<b>140kg</b>	Squat	350	Carter D		
	Benchpress	180	Carter D		
	Deadlift	353.5	Carter D		
	Total	855	Carter D		
<b>140kg+</b>	Squat	330	Fricker, Richard		22.06.06
	Benchpress	193	Fricker, Richard		14.04.07
	Deadlift	285	Fricker, Richard		09.12.06
	Total	792.5	Fricker, Richard		22.06.06

<b>BPO British Powerlifting Records - Men's</b>					
<b>Master 50-54</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	192.5	Mullan B		
	Benchpress	115	Mullan B		
	Deadlift	232.5	Mullan B		
	Total	562.5	Mullan B		
<b>75kg</b>	Squat	183	Mullan B		
	Benchpress	111	Mullan B		
	Deadlift	207.5	Mullan B		
	Total	500	Mullan B		
<b>82.5kg</b>	Squat	277.5	Brown R		
	Benchpress	170	Brown R		
	Deadlift	280	Brown R		
	Total	717.5	Brown R		
<b>90kg</b>	Squat	280	Jordan R		
	Benchpress	185	Birring J		
	Deadlift	287.5	Bannaghan C		
	Total	717.5	Brown R		
<b>100kg</b>	Squat	305	Fisher J		
	Benchpress	186	Birring J		25.06.04
	Deadlift	287.5	Bannaghan C		
	Total	737.5	Fisher J		
<b>110kg</b>	Squat	375	West W		
	Benchpress	200	West W		
	Deadlift	335	West W		
	Total	910	West W		
<b>125kg</b>	Squat	342.5	Carter D		
	Benchpress	172.5	Carter D		
	Deadlift	357.5	Carter D		
	Total	860	Carter D		
<b>140kg</b>	Squat	373	Carter D		
	Benchpress	172.5	Carter D		
	Deadlift	360	Carter D		
	Total	902.5	Carter D		
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

**BPO British Powerlifting Records - Men's****Master 55-59**

<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	180	Luffman N		
	Benchpress	105	Bainbridge M		
	Deadlift	215	Bainbridge M		
	Total	490	Bainbridge M		
<b>75kg</b>	Squat	172.5	Bainbridge M		
	Benchpress	102.5	Bainbridge M		
	Deadlift	210	Bainbridge M		
	Total	485	Bainbridge M		
<b>82.5kg</b>	Squat	262.5	Brown R		
	Benchpress	155	Brown R		
	Deadlift	265	Brown R		
	Total	682.5	Brown R		
<b>90kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>100kg</b>	Squat	230	Williams, Ken		24.11.06
	Benchpress	145	Williams, Ken		19.03.06
	Deadlift	235	Williams, Ken		19.03.06
	Total	600	Williams, Ken		19.03.06
<b>110kg</b>	Squat	275	Campbell, Robert		24.11.06
	Benchpress	175	Campbell, Robert		24.11.06
	Deadlift	288	Brown M		
	Total	702.5	Campbell, Robert		13.11.05
<b>125kg</b>	Squat	320	Carter D		25.06.04
	Benchpress	165	Carter D		25.06.04
	Deadlift	342.5	Carter D		25.06.04
	Total	827.5	Carter D		25.06.04
<b>140kg</b>	Squat	345	Carter D		22.06.07
	Benchpress	188	Carter D		24.11.06
	Deadlift	333	Carter D		24.11.06
	Total	864	Carter D		24.11.06
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

<b>BPO British Powerlifting Records - Men's</b>					
<b>Master 60-64</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	150	Evans B		
	Benchpress	85	Evans B		
	Deadlift	190	Evans B		
	Total	370	Evans B		
<b>75kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>82.5kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>90kg</b>	Squat	130	Clements Dave		16.03.08
	Benchpress	120	Clements Dave		16.03.08
	Deadlift	170	Clements Dave		16.03.08
	Total	420	Clements Dave		16.03.08
<b>100kg</b>	Squat	200	Lewis D		
	Benchpress	115	Lewis D		
	Deadlift	232.5	Lewis D		
	Total	542.5	Lewis D		
<b>110kg</b>	Squat	25	Brown M		
	Benchpress	25	Brown M		
	Deadlift	230	Brown M		
	Total	280	Brown M		
<b>125kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>140kg</b>	Squat	345	Carter David		26.06.08
	Benchpress	178	Carter David		26.06.08
	Deadlift	335	Carter David		25.11.07
	Total	833	Carter David		26.06.08
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

<b>BPO British Powerlifting Records - Men's</b>					
<b>Master 65-69</b>					
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>60kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>67.5kg</b>	Squat	130	Evans B		
	Benchpress	60	Evans B		
	Deadlift	170	Evans B		
	Total	360	Evans B		
<b>75kg</b>	Squat	157.5	Evans B		17.04.05
	Benchpress	65	Evans B		17.04.05
	Deadlift	175	Evans B		17.04.05
	Total	387.5	Evans B		17.04.05
<b>82.5kg</b>	Squat	105	Sandu Sam		16.03.08
	Benchpress	80	Sandu Sam		14.09.08
	Deadlift	130	Sandu Sam		14.09.08
	Total	295	Sandu Sam		16.03.08
<b>90kg</b>	Squat	150	Irons K		26.08.05
	Benchpress	125	Clements David		19.04.08
	Deadlift	200	Clements David		19.04.08
	Total	468	Clements David		19.04.08
<b>100kg</b>	Squat	180	Clements David		14.09.08
	Benchpress	125	Clements David		14.09.08
	Deadlift	180	Clements David		14.09.08
	Total	485	Clements David		14.09.08
<b>110kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>125kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>140kg</b>	Squat				
	Benchpress				
	Deadlift				
	Total				
<b>140kg+</b>	Squat				
	Benchpress				
	Deadlift				
	Total				

<b>BPO British Powerlifting Records - Men's</b>						
<b>Master 70-74</b>						
<b>Class</b>	<b>Lift</b>	<b>Kg</b>		<b>Name</b>	<b>Country</b>	<b>Date</b>
<b>56kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>60kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>67.5kg</b>	Squat	120	Evans B			14.09.08
	Benchpress	50	Evans B			14.09.08
	Deadlift	145	Evans B			14.09.08
	Total	315	Evans B			14.09.08
<b>75kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>82.5kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>90kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>100kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>110kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>125kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg+</b>	Squat					
	Benchpress					
	Deadlift					
	Total					

<b>BPO British Powerlifting Records - Men's</b>						
<b>Master 75-79</b>						
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>	
<b>56kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>60kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>67.5kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>75kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>82.5kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>90kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>100kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>110kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>125kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg+</b>	Squat					
	Benchpress					
	Deadlift					
	Total					

<b>BPO British Powerlifting Records - Men's</b>						
<b>Master 80+</b>						
<b>Class</b>	<b>Lift</b>	<b>Kg</b>	<b>Name</b>	<b>Country</b>	<b>Date</b>	
<b>56kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>60kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>67.5kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>75kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>82.5kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>90kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>100kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>110kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>125kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg</b>	Squat					
	Benchpress					
	Deadlift					
	Total					
<b>140kg+</b>	Squat					
	Benchpress					
	Deadlift					
	Total					